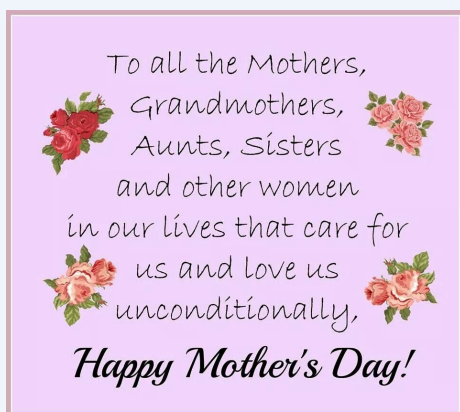





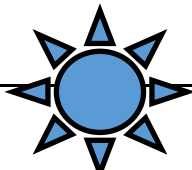




Tainui Village May Programme 2022



Sun	1st			2.00 3.30	"Chatting" with Chaplain In the Conservatory Church Service -Recreation Rm
Mon	2nd	10.00 11.00 11.00	Exercises—Recreation Rm Exercises Conservatory –Physio Quiz—Sedgwick	2.00 2.00 2.30	Housie—Recreation Room Story Hour in Sedgwick Library Bus Visits
Tues	3rd	10.30 10.30	Residents Meeting— In the Recreation Room Residents Meeting—Sedgwick	2.00 2.00	Nattering & Knitting with Karen Mindfulness Colouring, Knitting and Diamond Painting in Sedgwick with Loren
Wed	4th	9.30 10.00 11.00 11.00	One on one—Liggett Exercises - Recreation Rm Boccia with Karen Word Game—Sedgwick	1.30 1.30 2.00	Rummikub—Recreation Room Finger Nail Care—make an appointment with Karen Housie—Sedgwick
Thur	5th	10.00 11.00 11.00	Exercises - Recreation Rm Activity with Karen Singalong in Sedgwick	2.30 3.00	Happy Hour—Sedgwick Lounge Social Hour—Recreation Room 
Fri	6th	10.00 11.00	Exercises in Recreation Room Communion Service Pampering/Music in Liggett	2.00 2.30	Craft with Karen—Recreation Room Pampering/Music in Sedgwick
Sat	7th			1.30 2.00	Rummikub Group in Rec Room Bowls—Recreation Room
Sun	8th	Happy Mothers Day to All Our Mothers  		2.00 3.30	"Chatting" - Chaplain Conservatory Church Service-Recreation Rm
Mon	9th	9.30 10.00 11.00	One on one Liggett Exercise—Recreation Room Exercises with Trina Physio	2.00 2.00	Housie—Recreation Room Story Hour in Sedgwick
Tues	10th	9.30 10.00 11.00 11.00	One on one—Liggett Exercises—Recreation Rm Mindfulness Colouring—Recreation Room Baking in Liggett	2.00 2.00	"Nattering & Knitting"-with Karen in the Recreation Room Mindfulness Colouring, Knitting and Diamond Painting in Sedgwick with Loren
Wed	11th	9.30 10.00 11.00 11.00	One on one Liggett Exercises in Recreation Room Music Singalong—Liggett Boccia—Recreation Room	1.30 1.30 2.00	Rummikub—Recreation Room Finger Nail Care—make an appointment with Karen Housie—Sedgwick with Loren

Thur	12th	9.30 10.00 10.45 11.00	One On one Liggett Exercises— Recreation Room Liggett—Walks Activity with Karen	2.30 3.00	Happy Hour in Sedgwick Social Hour—Recreation Room	
Fri	13th	10.00	Exercises in Recreation Room Pampering/Music in Liggett	2.00 2.30	Craft with Karen—Recreation Rm Pampering/Music in Sedgwick	
Sat	14th			1.30 2.00	Rummikub Group in Rec Room Bowls—Recreation Room	
Sun	15th			3.30	Church Service- Recreation Room	
Mon	16th	10.00 11.00 11.00	Exercises—Recreation Rm Exercises with Trina-Physio Story Hour—Sedgwick	2.30	Library Bus Visits One on one with Residents	
Tues	17th	9.30 10.00 11.00 11.00	One On one Liggett Exercise—Recreation Room Baking —Sedgwick Lounge Quiz Time with Karen	2.00 2.00	Nattering & Knitting-Recreation Rm Mindfulness Colouring, Knitting and Diamond Painting in Sedgwick with Loren	
Wed	18th	9.30 10.00 11.00 11.00	One On one Liggett Exercises in Recreation Room Pampering—Sedgwick Boccia with Karen	1.30 1.30 2.00	Rummikub—Recreation Room Finger Nail Care —make an appointment with Karen Housie—Sedgwick with Loren	
Thur	19th	9.30 10.45 11.00 11.00	One On One—Liggett Exercises—Recreation Room Mindfulness Colouring- Rec Music Singalong—Sedgwick	2.00 3.00	Happy Hour/Discussion— Sedgwick Social Hour— In Recreation Rm	
Fri	20th	9.30	Pampering/ Music— Liggett	2.00	Baking —Recreation Room	
Sat	21st			1.30 2.00	Rummikub—Recreation Room Bowls—Recreation Room	
Sun	22nd			2.00 3.30	“Chatting” - Chaplain Conservatory Church Service-Recreation Rm	
Mon	23rd	10.00 11.00 11.00	Exercises—Recreation Rm Exercises with Trina-Physio Story Hour—Sedgwick	1.30	Housie—Recreation Room	
Tues	24th	9.30 11.00	One On one Liggett Baking In Liggett Lounge	2.00	Nattering & Knitting-Recreation Rm	
Wed	25th	9.30 10.00 11.00	One On one Liggett Exercises—Recreation Room Word Game—Conservatory	1.30 1.30	Rummikub—Recreation Room Housie—Sedgwick with Loren	
Thur	26th	9.30 10.00 10.45	One On one Liggett Exercise—Recreation Room Boccia—Sedgwick	3.00	Social Hour— In Conservatory	
Fri	27th	10.00	Exercises—Recreation Room	2.00	Movie—Recreation Room	
Sat	28th			1.30 2.00	Rummikub—Recreation Room Bowls—Recreation Room	
Sun	29th			2.00 3.30	“Chatting” - Chaplain Conservatory Church Service-Recreation Rm	
Mon	30th	10.00 11.00 11.00	Exercises—Recreation Room Exercises with Trina-Physio Music—Liggett	2.00 2.00 2.30	Housie—Recreation Room Story Hour in Sedgwick Library Bus	
Tues	31st	9.30 11.00 11.00	One On one Liggett Baking In Sedgwick Quiz time with Karen	2.00 2.00	Nattering & Knitting-Recreation Rm Activity and Afternoon tea in Sedgwick	

Shop— Please see Loren at Main Reception for anything you require. **News Paper Daily** at 9.30am **Morning Prayer** is held Monday to Friday in The Chapel at 9.15am